

Executive & Private Coaching



For leaders, professionals, and individuals seeking clarity, stronger leadership, and meaningful forward movement

What is this about?

Meaningful growth rarely comes from urgency alone. It comes from thoughtful reflection, disciplined action, and the right kind of support.

My coaching work is designed for leaders, professionals, and individuals who want more than surface-level motivation. It is a confidential space for deeper thinking, clearer choices, stronger leadership, and purposeful progress.

Grounded in over 25 years of experience across leadership, higher education, research, and capacity development, my approach combines academic rigor, strategic insight, and a thoughtful, human-centered approach.

Team and Institutional Engagements

In addition to private coaching, I also work with teams, institutions, and leadership groups through tailored engagements.

These may include:

**Team
coaching**

**Leadership
development
sessions**

**Facilitated
conversations**

**Workshops &
capacity-
building
support**

Team and institutional engagements are scoped privately based on context, objectives, group size, and format.

Coaching Services

Private Coaching Session

A single 60-minute coaching session for individuals seeking focused support around a current challenge, decision, transition, or area of growth.

Best suited for

- Clients who want to begin with one session
- Individuals seeking clarity on a specific issue
- Professionals navigating change, pressure, or uncertainty
- Clients who prefer session-by-session support

Investment

AED 500

per 60-minute session

Getting started

You may begin by booking a single private session to explore a current priority or challenge.

Leadership Clarity Coaching

A structured private coaching engagement for leaders seeking clarity, stronger thinking, and steady forward movement. This is a confidential professional space designed for thoughtful reflection, honest conversation, and strategic clarity.

What the engagement includes

- Six private 60-minute sessions
- Delivered over 3–4 months
- Confidential online setting
- Structured around reflection, recalibration, and sustained growth

Best suited for

- Senior leaders and executives
- Academic leaders and institutional decision-makers
- Founders or professionals carrying significant responsibility
- Leaders navigating high-complexity environments

Investment

AED 3,000

Getting started

This pathway begins with a brief introductory conversation to explore your goals, context, and fit.

Focused Clarity Coaching

Private 1:1 coaching for professionals, academic leaders, and emerging or established decision-makers seeking structured support, clearer direction, and purposeful forward movement.

What the engagement includes

- Four private 60-minute sessions
- Delivered over 6–8 weeks
- Confidential online setting
- Focused on clarity, confidence, direction, and action

Best suited for

- Professionals seeking focused support around a current leadership or life challenge
- Individuals stepping into greater responsibility or transition
- Clients who want a structured coaching container with clear movement and accountability

Investment

AED 2,200

Getting started

This pathway begins with a short introductory conversation to explore your goals, current priorities, and fit.

How the Process Works

1

Initial Inquiry

You can either submit an Inquiry or request an introductory conversation.

2

Discovery Conversation

We explore your context, goals, and whether the engagement is the right fit for your needs.

3

Option Selection

Together, we identify the most appropriate coaching option.

4

Coaching Begins

Sessions begin within an agreed timeframe and are delivered privately online.

Confidentiality and Format

All coaching engagements are delivered privately online.

This is a confidential professional space designed to support honest reflection, meaningful dialogue, and high-quality thinking.

Get Started Today!

Book a Private
Coaching Session

Book a Focused
Clarity Intro Call

Book a
Leadership
Clarity Intro
Call

Enquire about
Team or
Institutional
Coaching